

BREATHER FIT

TRAIN HARD BREATHE EASY



Increases VO2 Max



Increases Lactate Threshold



Promotes High Performance Breathing



Improves Cardio Performance



Reduces post exercise lactate

20%

Increases top end performance time by

17%

Delays fatigue carrying a 55lb load

20%

Decreases 2 mile run time on average by

21 sec



Learn more at www.pnmedical.com/BFit



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🌐 pnmedical.com

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\$49.95