

# DEVICE PRESSURE SETTINGS

## THE BREATHER®

THE BREATHER - RESPIRATORY IMPAIRED ADULTS			
Full Range (impaired, 30 lpm): -52 to +31 cm H <sub>2</sub> O			
INHALE		EXHALE	
SETTING	PRESSURE	SETTING	PRESSURE
1	-10 cm H <sub>2</sub> O	1	5 cm H <sub>2</sub> O
2	-12 cm H <sub>2</sub> O	2	13 cm H <sub>2</sub> O
3	-15 cm H <sub>2</sub> O	3	21 cm H <sub>2</sub> O
4	-28 cm H <sub>2</sub> O	4	23 cm H <sub>2</sub> O
5	-38 cm H <sub>2</sub> O	5	31 cm H <sub>2</sub> O
6	-52 cm H <sub>2</sub> O		
Flow Rate: 30 lpm		Flow Rate: 30 lpm	

THE BREATHER - HEALTHY ADULTS			
Full Range (healthy, 70 lpm): -243 to +126 cm H <sub>2</sub> O			
INHALE		EXHALE	
SETTING	PRESSURE	SETTING	PRESSURE
1	-35 cm H <sub>2</sub> O	1	20 cm H <sub>2</sub> O
2	-46 cm H <sub>2</sub> O	2	53 cm H <sub>2</sub> O
3	-64 cm H <sub>2</sub> O	3	80 cm H <sub>2</sub> O
4	-117 cm H <sub>2</sub> O	4	107 cm H <sub>2</sub> O
5	-180 cm H <sub>2</sub> O	5	126 cm H <sub>2</sub> O
6	-243 cm H <sub>2</sub> O		
Flow Rate: 60 lpm		Flow Rate: 70 lpm	



BREATHER FIT - HEALTHY ADULTS & ATHLETES			
Full Range (healthy, 70 lpm): -243 to +126 cm H <sub>2</sub> O			
INHALE		EXHALE	
SETTING	PRESSURE	SETTING	PRESSURE
1	-64 cm H <sub>2</sub> O	1	29 cm H <sub>2</sub> O
2	-74 cm H <sub>2</sub> O	2	71 cm H <sub>2</sub> O
3	-89 cm H <sub>2</sub> O	3	93 cm H <sub>2</sub> O
4	-145 cm H <sub>2</sub> O	4	135 cm H <sub>2</sub> O
5	-240 cm H <sub>2</sub> O	5	250 cm H <sub>2</sub> O
6	-335 cm H <sub>2</sub> O		
Flow Rate: 60 lpm		Flow Rate: 70 lpm	

**Additional technical specifications of The Breather**  
[www.pnmedical.com/product/the-breather/](http://www.pnmedical.com/product/the-breather/)

**Additional technical specifications of Breather Fit**  
[www.pnmedical.com/BreatherFit](http://www.pnmedical.com/BreatherFit)

### CONSIDERATIONS

Indicated low and pressure ranges may vary according to respiratory capacity and should be considered as guidelines.